

2026 CME Forum Schedule

All CME forums will take place at the Marriott Marquis Washington, DC.

FRIDAY, MAY 1

CME-1

Dinner | 6–8 p.m. | Salon 5

Contraceptive Considerations in the Modern Era: Navigating Non-Oral Options and Evolving Clinical Complexities

This 1.5-hour interactive symposium will bring together an expert panel of three ob-gyn faculty and a clinical moderator to examine the evolving role of non-oral contraceptive options in contemporary clinical practice. Through evidence-based presentations and audience engagement, the program will review the rationale for considering non-oral contraceptive strategies and explore key clinical and patient-centered factors that influence contraceptive selection, such as adherence, gastrointestinal absorption, comorbidities, and potential drug interactions, including considerations for the increasing use of GLP-1 receptor agonists and other commonly prescribed medications. Faculty will also review the latest clinical evidence on current and emerging non-oral reversible contraceptive options, including transdermal delivery systems, and discuss considerations for identifying patients who may benefit from these approaches. Designed to promote active learning, the session will incorporate a gamified knowledge quiz with live polling and a leaderboard through the ConnectED by PRIME™ learning platform, allowing participants to apply emerging evidence to clinical decision making in real time. Audience questions and expert discussion will further support translation of the latest safety and efficacy data into practical strategies for integrating personalized, evidence-based contraceptive counseling into routine clinical care.

This activity is provided by PRIME Education. There is no fee to participate. This activity is supported by an educational grant from Viatrix.

Speakers: David L. Eisenberg, MD, MPH, FACOG; Anita Nelson, MD, FACOG; and Mitchell D. Creinin, MD, FACOG

SATURDAY, MAY 2

CME-2

Breakfast | 6:15–7:45 a.m. | Salon 5

Ending the Diagnostic Odyssey: Redefining Endometriosis Outcomes with miRNA Diagnosis

This symposium addresses the critical diagnostic delay for endometriosis, a primary cause of chronic pain and infertility. The burden of endometriosis disease will be discussed as well as the challenges of early and accurate diagnosis. This session explores the clinical validity of miRNA biomarkers—stable, noncoding RNA molecules that serve as a molecular signature for endometriosis. Experts will discuss the clinical data behind blood-based and saliva miRNA molecular testing for the diagnosis of endometriosis. By integrating molecular testing into the diagnostic pathway, clinicians may enable earlier and less invasive identification of endometriosis, potentially limiting the progression of central sensitization, supporting more timely fertility preservation strategies, and improving patients' quality of life.

Supported by an independent educational grant from Ziwig.

Speakers: TBA

CME-3

Dinner | 6:30–8 p.m. | Salon 5

Evolving Beyond Hormones: Individualizing Menopause Care through Neuroendocrine Innovation

Menopause is associated with a spectrum of symptoms—including vasomotor symptoms (VMS), sleep disturbances, and fatigue—that significantly impact patient quality of life, work productivity, mental health, personal well-being, and social relationships. The treatment landscape for symptoms associated with menopause is expanding. Evolving evidence supports the central role of the hypothalamic kisspeptin/neurokinin B/dynorphin (KNDy) system on VMS and sleep and mood disturbances associated with menopause, specifically offering a nonhormonal option to treat VMS in women undergoing breast cancer therapy.

This live clinic symposium will be an innovative and engaging event that brings real-life clinical scenarios to the stage, offering participants an immersive experience of a real-time consultation that enhances the ability to recognize and manage diverse menopause symptoms effectively.

Supported by an independent educational grant from Bayer.

Speakers: Mary Jane Minkin, MD, FACOG, MSCP; Stephanie Faubion, MD, MBA, FACP, MSCP; and JoAnn V. Pinkerton, MD, FACOG, MSCP